



Potsdam Figure Skating Club

COVID Guidelines

Policy for Juniors & Seniors

Potsdam Recreation is asking that any employee or customer with a temperature of 100.4 F or higher not to participate in any program at this time. Employees and customers are instructed to stay home if they do not feel well and are instructed to contact a manager if they notice a coworker or customer with a cough, shortness of breath, or other known symptoms of COVID-19.

At this point we are allowing no more than 12 skaters on a session during the week and 15 on the weekends.

Limit of one parent or chaperone per skater. Masks must be worn at all times. Parents/chaperones will be asked to watch from the stands in a designated area and to maintain social distancing. The upstairs warming room will be closed. You may want to bring a blanket as the season progresses.

No locker rooms will be available at this point for skaters. Please come dressed. You will be able to put your skates on in a designated area. Chairs will be spaced accordingly so that we may maintain social distancing. Be sure to have guards!

Please have disinfecting wipes in your bag so you may wipe down your chair after your session.

The club office will be closed at this point to the public. The board of directors will be the only members allowed to use it until further notice.

Skaters are required to wear masks to enter the arena and are to be worn at all times until they take the ice for their session. Skaters may remove their mask if they wish for their skating session. There will not be extra masks available at the rink. If you forget your mask you will unfortunately not be able to enter the arena. You may want to have extra in your skating bag or in the car. Same process as you remove your skates and exit building. All skaters and chaperones are asked to leave the building within 10 minutes after the conclusion of their session.

Rest rooms will be open although it is suggested that we try to use the bathroom before we come to the rink to limit the amount of use.

While on the ice please maintain social distancing. Please remain at least 6' apart.

Personal belongings (water bottle, tissue, mask) should be placed on the boards in your designated area. You should have a Ziploc bag with your belongings to discard any used tissues.

We should have a music player inside the lower press box so skaters are not gathering by the boom box. Nothing assigned at this point, so please help out when you can.

Partnering is allowed. Both parties must wear masks and no gloves and sanitize before and after lesson. Dance lessons are at your discretion.

Arrive no earlier than 20 minutes before your designated skating time. You will be asked to enter the facility using the BLUE Entrance and exit using the ORANGE exit. (Map attached for your convenience). We will have a check-in desk as soon as you enter the building. You will be required to present a health check form each day you come to the rink. We need to keep a record of who is in the building and that they are in good health. Please have your health check form completely filled out prior to arrival. This will keep the line moving at check-in. Please maintain social distancing as you wait. We will also have sanitizer available at the desk. We ask that you use this as you check-in. Upon arrival you will also be given instructions on where to sit to put on your skates.

If you or your skater is feeling sick you should not be attending a practice!

Coaches:

We will not be able to use the coaches room at this point. We will assign one or two larger locker room for coaches only. Please be sure to sit at least 6' apart. Benches may or may not be marked.

Must wear masks at all times

Coaches are allowed to be on the ice. Do not need to stand by boards in a designated area for entire lesson, however it is encouraged. If you need to move around for choreography or help with dance patterns or MIF patterns that is fine.

Coaches should have sanitizer with them so that they may sanitize their hands before each lesson.

If you notice skaters are not maintaining social distancing while on or off the ice you should remind them of our policy. This goes for all skaters just not your own. We want to keep everyone safe.

Please be patient as we navigate our way through these trying times. The PFSC board of directors reserves the right to make changes to the program. It is our main concern to keep everyone safe and make them comfortable in what we all know as our second home – the rink.

IF SKATER/COACH/CHAPERONE IS NOT ABIDING BY ANY OF THE ABOVE GUIDELINES, THEY WILL BE ASKED TO LEAVE THE ARENA IMMEDIATELY. NO REFUNDS WILL BE ISSUED IN THIS CASE.